

PES INSTITUTE OF MEDICAL SCIENCES & RESEARCH

DEPARTMENT OF COMMUNITY MEDICINE

THEORY TIME TABLE FOR 2ND MBBS (2020 batch)

Date	Competency code	Topic
31.3.22	1.1	Introduction to Community Medicine & Man and Medicine:Medicine in antiquity- Dawn of scientific medicine
07.4.22	1.1	Man and Medicine:Modern Medicine - Medical revolution– Health care revolution
14.4.22	1.2	Concept of health and Disease - Definition, Dimensions of health, Concepts of well being and Spectrum of health
21.4.22	1.2 & 1.7	Concept of health and Disease - Determinants and indicators of health
28.4.22	1.3 & 1.4	Concept of health and Disease - Concept of Disease & Causation, Natural history of Disease
05.5.22	1.5	Concept of health and Disease - Concept of Control and Prevention, Modes of Intervention & Community diagnosis
12.5.22	2.4	Medicine and Social Sciences - Introduction & Social Behavioural Sciences
19.5.22	2.4	Medicine and Social Sciences - Hospital Sociology, the art of interviewing
26.5.22	2.5	Medicine and Social Sciences - Social Problems, Economics & Social Security
02.6.22	5.1	Nutrition - Classification of foods, Nutrients and its requirements
09.6.22	5.3	Nutrition - Nutrition related health disorders in India and its control & management
16.6.22	9.1, 9.3 and 9.4	Demography - Demographic cycle & Demographic trends in India
23.6.22	13.1, 13.2 & 13.4	Disaster Management - Concept of disaster management and its cycle & National Diaster management Authority
30.6.22	18.1	International Health - Concept of international health and World Health Organisation
07.7.22	18.2	International Health - United Nations & Bilateral Agencies, NGOs
18.7.22	CM7.1	Epidemiology: Introduction
25.7.22	CM7.5	Descriptive epidemiology: Time, place and person; Steps to conduct a descriptive epidemiological study.
1.8.22	CM7.5	Analytical Epidemiology: Case control study; Cohort study.
8.8.22	CM7.5	Experimental Epidemiology: RCT and Non-RCT
15.8.22	INDEPENDENCE DAY	
22.8.22	CM7.8 & 7.2	Association & Causation; Epidemiology of infectious diseases
29.8.22	CM7.7 & 7.2	Dynamics of disease transmission;Control of Communicable Diseases (including Travelers health)
5.9.22	CM7.6	Screening
12.9.22	CM3.1	Environmental Health Problems : Health hazards of air, water, noise, radiation and pollution
19.9.22	CM3.5	Environmental Health Problems : Standards of housing & effect of housing on health
26.9.22	CM11.1,11.3 &11.4	Occupational Health:Ergonomics, Occupational hazards,Occupational diseases, Pneumoconiosis

3.10.22	CM11.1&11.3	Occupational Health:Lead poisoning, Occupational cancer, Occupational hazards of Agricultural workers, Accidents in industry, Sickness absenteeism
10.10.22	CM11.3&11.5	Occupational Health:Health problems due to industrialization, Measures for health protection of workers, Occupational disorders of health professionals
17.10.22	CM11.2&11.5	Occupational Health: Prevention of occupational diseases: Medical, Engineering measures and Legal measures
24.10.22	Deepavali	

25.10.22	5.5	Nutrition:Assessment of nutritional status;Nutritional surveillance.
01.11.22	5.7 & 5.8	Nutrition:Food hygiene & food handlers, Food toxicants & additives
08.11.22	5.8 & 5.6	Food fortification and Adulteration; Community Nutrition Programs
	15.1, 15.2 & 15.3	Mental Health:Concepts of mental health, Causes & prevention of Drug dependence. (SDL)
	19.1,19.2 & 19.3	Essential & counterfeit Medicine (SDL)
	-	Occupational health (SDL)
	13.3	Man-made disasters (SDL)
	-	Application of computers in Epidemiology (SDL)
	7.3	Sources of Epidemiological data (SDL)
	9.6 & 9.7	Describe the National Population Policy & Enumerate the sources of vital statistics including census, SRS, NFHS, NSSO etc

Practicals /SDGs

29.3.22	CM3.4	Describe the concept of solid waste, human excreta and sewage disposal
5.4.22	CM3.3	Describe the aetiology and basis of water borne diseases /jaundice/hepatitis/ diarrheal diseases
12.4.22	CM 3.2	Describe concepts of safe and wholesome water, sanitary sources of water, water purification processes, water quality standards, concepts of water conservation and rainwater harvesting
19.4.22	CM 3.7 & CM 3.6	Identify and describe the identifying features and life cycles of vectors of Public Health importance and their control measures;NVBDCP
26.4.22	CM 3.7 & CM 3.6	Identify and describe the identifying features and life cycles of vectors of Public Health importance and their control measures;NVBDCP
03.5.22	CM3.8	Describe the mode of action, application cycle of commonly used insecticides and rodenticides (SDL)
10.5.22	CM5.2	Describe and demonstrate the correct method of performing a nutritional assessment of individuals, families and the community by using the appropriate method
17.5.22	CM5.4	Plan and recommend a suitable diet for the individuals and families based on local availability of foods and economic status in a simulated environment
24.5.22	CM 7.4	Define, calculate and interpret morbidity and mortality indicators based on given set of data
31.5.22	CM7.7	Describe and demonstrate the steps in the Investigation of an epidemic of communicable disease and describe the principles of control measures

07.6.22	CM9.2	Define, calculate and interpret demographic indices including birth rate, death rate, fertility rates
14.6.22	CM9.5	Describe the methods of population control
21.6.22	CM2.1	Describe the steps and perform clinico socio-cultural and demographic assessment of the individual, family and community
28.6.22	CM2.3	Describe and demonstrate in a simulated environment the assessment of barriers to good health and health seeking behavior
05.7.22	CM1.10	Demonstrate the important aspects of the doctor patient relationship in a simulated environment(SDL)

Clinical Postings

18.7.22	Introduction to Community Medicine postings	Various contributions of public health specialists(SGD of CM1.1)
19.7.22	Family health study- Introduction (CM2.2)	
20.7.22	Spot mapping and Assessment of housing standards (CM3.4 and 3.5)	
21.7.22	Dietary assessment, Diet calculation & Anthropometric measurement (CM5.2 and SGD of CM5.1)	
22.7.22	Socio-economic status Calculation (SGD of CM2.5)	
23.7.22	Introduction of Health Education Principles & planning a health education activity in the community (SGD, CM 1.6)	
25.7.22	Family Visit	
26.7.22	Family Visit	
27.7.22	Role of effective communication skills in health & planning a health education activity in the community (SGD CM1.9)	
28.7.22	Family Visit	
29.7.22	Data analysis (CM7.9)	
30.7.22	Preparation of Presentation	
1.8.22	Presentation of Family Health Study(SGD of CM 9.3&9.4)	
2.8.22	Presentation of Family Health Study(SGD of CM 9.3&9.4)	
3.8.22	Feedback and health education activity in family	
4.8.22	Community behaviour (SGD of CM 2.4)	
5.8.22	Health education activity in Community	
6.8.22	Anganwadi Visit	
8.8.22	Report writing and presentation on Anganwadi Visit	
9.8.22	Observation of MCH services at PHC	
10.8.22	Report writing and presentation on PHC Visit	
11.8.22	Demography (SGD of CM 1.8)	
12.8.21	Indicators and Determinants of Health (SGD of CM1.7 & CM1.2)	
13.8.21	Concept of Health and Disease (SGD of CM1.1 & 1.3)	
16.8.21	Natural history of Disease (SGD of CM 1.4)	
17.8.21	Levels of prevention (SGD of CM 1.5)	
18.8.21	Logbook completion	
19.8.21	Submission of reports & Logbook correction	
20.8.22	End Posting examination	