

Foundation Course for MBBS-I 2019 Batch

S. no.	Date & Day	9.30 AM-10.15 AM	10.15 AM- 11.00 AM	11.00 AM-11.20 AM	11.20 AM-12.10 PM	12.10 PM-1.00 PM	1.00 PM-2.00 PM	2.00 PM- 2.45 PM	2.45 PM-3.30 PM	3.30 PM-3.45 PM	3.45 PM- 4.30 PM
1	01.08.2019 Thursday	Inauguration		Break	Inauguration		Lunch	Parents meeting with Principal and Anti Ragging measures		Break	Parents meeting with Dean & Principal & chief hostel warden and do's and don't's in the hostel
2	02.08.2019 Friday	MBBS Course	Overview of Anatomy		Overview of Physiology	Overview of Bio chemistry		Ice Breaking Activities			Ice Breaking Activities
3	03.08.2019 Saturday	Physicians Role in Society	Forming house for sports		Identify hobbies						
4	04.08.2019 Sunday	Holiday									
5	05.08.2019 Monday	Motivation/ Mentoring/ Personality Growth and Anti-ragging measures		Break	Life skills Two skills per day x 5 days		Lunch	English	Local Lang	Break	Sports Batch A and Yoga Batch B
6	06.08.2019 Tuesday	Roles and Responsibility of Students						Computer	Sports Batch B and Yoga Batch A		
7	07.08.2019 Wednesday	Yoga and Health						English	Local Lang		Sports Batch A and Yoga Batch B
8	08.08.2019 Thursday	Medical Ethics	Attitudes and Professionalism					Computer	Sports Batch B and Yoga Batch A		
9	09.08.2019 Friday	History of medicine	Alternate Systems of Medicine					English	Local Lang		Sports Batch A and Yoga Batch B
10	10.08.2019 Saturday	Mon - Friday presentation of the week's activity by First year students					-				
11	11.08.2019 Sunday	Holiday									

12	12.08.2019 Monday	Academic Ambience	Interaction with seniors	Break	First Aid/ALS/BLS Class divided into three batches and each batch one activity each day	Lunch	Computer		Break	Sports Batch B and Yoga Batch A
13	13.08.2019 Tuesday	Communication & Activity					English	Local Lang		Sports Batch A and Yoga Batch B
14	14.08.2019 Wednesday	Interpersonal relationships & Activity					Computer Classes			Sports Batch B and Yoga Batch A
15	15.08.2019 Thursday	Holiday- INDEPENDENCE DAY								
16	16.08.2019 Friday	Information Technology and its uses and practical demonstration	Break	Hospital visit Batch A and RHTC Batch B	Lunch	English Language	Local Lang	Break	Sports Batch A and Yoga Batch B	
17	17.08.2019 Saturday	Mon - Friday presentation of the week's activity by First year students								
18	18.08.2019 Sunday	Holiday								
19	19.08.2019 Monday	Time Management and Activity	Break	Hospital visit Batch B and RHTC Batch A	Lunch	Computer Classes		Break	Sports Batch B and Yoga Batch A	
20	20.08.2019 Tuesday	Stress Management and Activity		Importance of Documentation		Law and Medicine	English Language		Local Language	Sports Batch A and Yoga Batch B
21	21.08.2019 Wednesday	Learning and Self Directed Learning		Exposure to Research		Computer Classes			Sports Batch B and Yoga Batch A	
22	22.08.2019 Thursday	Library and making use of Library		Hobbies		Work life balance	English Language		Local Language	Sports Batch A and Yoga Batch B
23	23.08.2019 Friday	Universal Precautions		Patient safety and Vaccinations		Debate	Computer Classes		Sports Batch B and Yoga Batch A	

24	24.08.2019 Saturday	Mon - Friday presentation of the week's activity by First year students				-					
25	25.08.2019 Sunday	Holiday									
26	26.08.2019 Monday	Study Skills and Activity		Break	SDL Activity 'Why Purnima died after giving birth in a park'	SDL Activity Presentation	Lunch	English Language	Local Language	Break	Sports Batch A and Yoga Batch B
27	27.08.2019 Tuesday	Presentation Skills and Activity			SDL Activity 'SUV mows down sleeping man'	SDL Activity Presentation		Computer Classes			Sports Batch B and Yoga Batch A
28	28.08.2019 Wednesday	Health Care System in India	National Health Priorities		SDL Activity 'Half of India's homes have cellphones, but not toilets'	SDL Activity Presentation		English Language	Local Language		Sports Batch A and Yoga Batch B
29	29.08.2019 Thursday	Principles of Primary care	General and Community based care		SDL Activity 'Barefoot - The other side of life (Poverty Line)	SDL Activity Presentation		Computer Classes			Sports Batch B and Yoga Batch A
30	30.08.2019 Friday	Scope of Medicine and Future Avenues			Poster Presentation by First year students	Talent show by First year students		Talent show by First year students			
31	31.08.2019 Saturday	Mon - Friday presentation of the week's activity by First year students				-					