

**PES INSTITUTE OF MEDICAL SCIENCES & RESEARCH,  
Kuppam, Chittoor District, Andhra Pradesh-517425**

**Note: All the sessions are color coded , \* hours Prescribed, #Hours allotted**

	Orientation		Skills		Field Visits	Professional development & Ethics		Sports & Extra Curricular		Enhancement of Language & Computer skills
*	30		35		8	40		22		40
#	32		36		8	41		25		40

**Foundation Course for MBBS-I 2019 Batch**

Sl. no.	Date & Day	9.00 AM-10.00 AM	10.00 AM-11.00 AM	11.00 AM-11.15 AM	11.15 AM-12.15 PM	12.15 PM-1.15 PM	1.15 PM-2.00 PM	2.00 PM- 3.00 PM	3.00 PM-4.00 PM	4.00 PM- 5.00 PM
1	01.08.2019 Thursday	Inauguration		Break	Inauguration		Lunch	Parents meeting with Principal and Anti Ragging measures	Parents meeting with Dean & Principal & chief hostel warden and do's and don't's in the hostel	
2	02.08.2019 Friday	MBBS Course	Overview of Anatomy		Overview of Physiology	Overview of Bio chemistry		Ice Breaking Activities		
3	03.08.2019 Saturday	Physicians Role in Society	History of medicine		Medical Ethics	Attitudes and Professionalism		What it is to be a Doctor	Forming house for sports and identifying the hobbies	
4	04.08.2019 Sunday	Holiday								
5	05.08.2019 Monday	Health Care System in India	National Health Priorities		Problem solving	Critical Thinking		English	Local Language	Sports Batch A and Yoga Batch B
6	06.08.2019 Tuesday	Principles of Primary care	General and Community based		Creative Thinking	Effective Communication		Computer	Sports Batch A and Yoga Batch B	

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7	07.08.2019 Wednesday	Scope of Medicine and Future Avenues	Alternate Systems of	Break	Coping with Emotions	Self Awareness	Lunch	English	Local Language	Sports Batch A and Yoga Batch B	
8	08.08.2019 Thursday	Academic Ambience	Yoga and Health		Desicision making	Empathy		Computer		Sports Batch B and Yoga Batch A	
9	09.08.2019 Friday	Patient safety and Vaccinations	Universal Precautions		Coping with Stress			English	Local Language	Respect to Cadaver	
10	10.08.2019 Saturday	Roles and Responsibilitiy of Students			Interaction with Seniors ( Inter personal communication)			Sports			
11	11.08.2019 Sunday	Holiday									
12	12.08.2019 Monday	Concept of professionalism and ethics		Break	First Aid/ALS/BLS Class divided into three batches and each batch one activity each day		Lunch	Computer		Sports Batch A and Yoga Batch B	
13	13.08.2019 Tuesday	Consequences of unethical and unprofesional behavior						English	Local Language	Sports Batch B and Yoga Batch A	
14	14.08.2019 Wednesday	Functioning as a part of healthcare team						Computer		Sports Batch A and Yoga Batch B	
15	15.08.2019 Thursday	Holiday- INDEPENDENCE DAY									
16	16.08.2019 Friday	Hospital visit Batch A and RHTC Batch B					Lunch	English	Local Language	Sports Batch B and Yoga Batch A	
17	17.08.2019 Saturday	Hospital visit Batch B and RHTC Batch A						Sports			
18	18.08.2019 Sunday	Holiday									
19	19.08.2019 Monday	Time Management and Activity		Break	Information Technology and its uses and practical demonstration		Lunch	Computer		Sports Batch A and Yoga Batch B	
20	20.08.2019 Tuesday	Stress Management and Activity			Importance of Documentation			English	Local Language	Sports Batch B and Yoga Batch A	
21	21.08.2019 Wednesday	Learning Stragergies			Law and Medicine			Computer		Sports Batch A and Yoga Batch B	
22	22.08.2019 Thursday	Exposure to Research			Biowaste Management			English	Local Language	Sports Batch B and Yoga Batch A	

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23	23.08.2019 Friday	Hand Washing		Needle and scpel stick injuries	Immunisation requirement of Health care professionals		Computer	Professional Confidentiality and Responsibility	
24	24.08.2019 Saturday	Library and making use of Library		Functioning as a part of health care team			Sports		
25	25.08.2019 Sunday	Holiday							
26	26.08.2019 Monday	Learning and Self Directed Learning	Break	SDL Activity 'Why Purnima died after giving birth in a park'	SDL Activity Presentation	Lunch	English	Local Language	Medical Negligence
27	27.08.2019 Tuesday	Peer assisted learning and group learning		SDL Activity 'SUV mows down sleeping man'	SDL Activity Presentation		Computer	Professional Integrity	
28	28.08.2019 Wednesday	Study Skills and Activity		SDL Activity 'Half of India's homes have cellphones, but not toilets'	SDL Activity Presentation		English	Local Language	Informed consent
29	29.08.2019 Thursday	Presentation Skills and Activity		SDL Activity 'Barefoot - The other side of life (Poverty Line)	SDL Activity Presentation		Computer	Breaking A Bad News	
30	30.08.2019 Friday	Use of Online Resources		Talent show by First year students			English	Local Language	Seminar on Professionalism & Ethics
31	31.08.2019 Saturday	Poster Presentation by First year students		Computer			Sports		

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